

## **ES 512: Foundations of Biomechanics**

### **HEALTH, EXERCISE SCI & RECREATION MGMT**

Biomechanical bases of human movement, focusing on the mechanical interaction between the human body and the external environment.

3 Credits

#### **Instruction Type(s)**

- Lecture/Lab: Lecture/Lab for ES 512

#### **Subject Areas**

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

#### **Related Areas**

- [Health and Physical Education/Fitness, Other](#)
- [Socio-Psychological Sports Studies](#)
- [Sport and Fitness Administration/Management](#)

