



# **B.S.E.S.** in Exercise Science

### Overview

# **Degree Requirements**

# **Degree Requirements**

The academic regulations for this degree program, as entered in the University of Mississippi Catalog, are in effect for the current or selected academic year and semester. The University of Mississippi reserves the right to 1) change or withdraw courses; 2) change rules for registration, instruction, and graduation; and 3) change other regulations affecting the student body at any time.

#### **General Education**

REQUIREMENT	HOURS	DESCRIPTION
First Year Writing I	3	Complete Hon 101, Writ 100 or Writ 101 with a passing grade.
First Year Writing II	3	Complete one of the following courses with a passing grade: Liba 102, Writ 102 or Hon 102.
3 hrs Arts Appreciation	3	Complete 3 hours in the area of fine or performing arts. Choose from art history, music, dance, and theatre arts. Studio and workshop courses cannot be used to satisfy this requirement. Acceptable freshman or sophommore-level courses are: AH 101, AH 201, AH 201, AH 202; Music 101, Music 102, Music 103, Music 104, Music 105; Dance 200; and Theatre 201.
3 hrs literature 200+	3	Complete 3 hours of literature at the 200 level or higher with a passing grade.

#### **General Education II**

REQUIREMENT	HOURS	DESCRIPTION
History 6 hrs	6	Complete 6 hours of History coursework with a passing grade.
3 hrs lit/humanities/fine arts	3	Successfully complete an additional 3 credit hours in literature, humanities, or fine art. Humanities should be chosen from African American studies, classics, gender studies, modern or ancient languages, philosophy, religion, or southern studies.
3 hrs social science	3	Successfully complete 3 credit hours in social science course work chosen from the following areas: economics, political science, psychology, or sociology.
Bisc 102/103 or Bisc 160/161	4	Successfully complete (Bisc 102 and Bisc 103) or (Bisc 160 and Bisc 161).
Bisc 206 - C min	4	Complete Bisc 206 with a grade of C or better.
Bisc 207 C- min	4	Complete Bisc 207 with a grade of C- or better.
<u>Chem 101</u> /103/105 & lab	4	Successfully complete either Chem 103/113 or Chem 105/115 or Chem 101.
Math 121	3	Complete Math 121 with a passing grade.
Math 123	3	Complete Math 123 with a passing grade.
Phys 211/221 or Phys 213/223 C- min	4	Complete Phys 211/221 or Phys 213/223 with a grade of C- or better.
<u>Spch 102</u> or <u>105</u>	3	Complete Spch 102 or Spch 105 with a passing grade.
General Electives	26	

### **Major Requirements**

REQUIREMENT	HOURS	DESCRIPTION
ES 100	1	Complete ES 100 with a passing grade.
ES 338 C- min	3	Complete ES 338 with a grade of C- or better.
ES 346 - C min	3	Complete ES 346 with a grade of C or better.
ES 348 C- min	3	Complete ES 348 with a grade of C- or better.
ES 349 C- min	1	Complete ES 349 with a a grade of C- or better.
ES 391	3	Complete ES 391 with a passing grade.
ES 440	3	Complete ES 440 with a passing grade.
ES 446	3	Complete ES 446 with a passing grade.
ES 447	1	Complete ES 447 with a passing grade.
ES 456	3	Complete ES 456 with a passing grade.

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master's, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacscoc.org for questions about the accreditation.











REQUIREMENT	HOURS	DESCRIPTION
ES 457	1	Complete ES 457 with a passing grade.
ES 473 or 493	3	Complete one of the following courses: <u>ES 473</u> or <u>ES 493</u> with a passing grade.
<u>HP 191</u>	3	Complete HP 191 with a passing grade.
PH 203	3	Complete PH 203 with a passing grade.
Complete 4 electives	12	Successfully complete 4 of the following courses: - <u>ES 402</u> - <u>ES 490</u> - <u>ES 394</u> - <u>ES 471</u> , <u>Mgmt 371</u> , or <u>PRM 471</u> - <u>FCS 311</u> - <u>ES 351</u> , <u>Psy 202</u> , or <u>Math 115</u> - <u>HP 303</u> - <u>HP 312</u>
Overall Major GPA		Please contact your academic advisor for grade point requirements.

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master's, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacscoc.org for questions about the accreditation.

