NHM 618: Maternal, Child, & Adolescent Nutrition

**Nutrition and Hospitality Management**

Principles of human nutrition applied to pregnancy and the infant/child and adolescent stages of the life cycle. Characteristics of normal growth and development are presented as well as special needs and problems.

Prerequisite requirement for this course may also be satisfied by equivalent course work as approved by the department.

3 Credits

**Prerequisites**
- [NHM 311: Nutrition](#) (Minimum grade: C)

**Instruction Type(s)**
- Lecture: Lecture for NHM 618

**Subject Areas**
- Foods, Nutrition, and Wellness Studies, General

**Related Areas**
- Dietetics/Human Nutritional Services
- Foodservice Systems Administration/Management