NHM 311: Nutrition

**Nutrition & Hospitality Management**

Fundamental principles of human nutrition; application to needs of individuals and families at all stages of the life cycle.

3 Credits

### Prerequisites
- Pre-Requisite: 24 Earned Hours

### Instruction Type(s)
- Lecture: Lecture for NHM 311
- Lecture: iStudy for NHM 311
- Lecture: Hybrid Lecture for NHM 311
- Lecture: Web-based Lecture for NHM 311
- Lecture: Online Program for NHM 311

### Subject Areas
- Foods, Nutrition, and Wellness Studies, General

### Related Areas
- Dietetics/Human Nutritional Services
- Foodservice Systems Administration/Management