**NHM 311: Nutrition**

**Nutrition & Hospitality Management**

Fundamental principles of human nutrition; application to needs of individuals and families at all stages of the life cycle.

3 Credits

**Instruction Type(s)**

- Lecture: Lecture for NHM 311
- Lecture: iStudy for NHM 311
- Lecture: Hybrid Lecture for NHM 311
- Lecture: Web-based Lecture for NHM 311

**Subject Areas**

- **Foods, Nutrition, and Wellness Studies, General**

**Related Areas**

- **Dietetics/Human Nutritional Services**
- **Foodservice Systems Administration/Management**