NHM 211: Principles of Food Preparation

Food principles and preparation techniques and their effects on food products.

3 Credits

**Prerequisites**
- B.S.D.N. or B.S.H.M. majors only.
- Students who withdraw from NHM 211 are required to withdraw from NHM 213

**Corequisites**
- NHM 213: Principles of Food Preparation Lab

**Instruction Type(s)**
- Lecture: Lecture for NHM 211

**Subject Areas**
- Foods, Nutrition, and Wellness Studies, General

**Related Areas**
- Dietetics/Human Nutritional Services
- Foodservice Systems Administration/Management