NHM 209: Nutrition Science

Introduction to the principles of the science of nutrition with implications for any applications to food selection for individuals of all ages.

3 Credits

Corequisites
• NHM 208: Nutrition Science Laboratory

Instruction Type(s)
• Lecture: Lecture for NHM 209

Subject Areas
• Foods, Nutrition, and Wellness Studies, General

Related Areas
• Dietetics/Human Nutritional Services
• Foodservice Systems Administration/Management