NHM 209: Nutrition Science

Introduction to the principles of the science of nutrition with implications for any applications to food selection for individuals of all ages.

3 Credits

Corequisites

- NHM 208: Nutrition Science Laboratory

Instruction Type(s)

- Lecture: Lecture for NHM 209

Subject Areas

- Foods, Nutrition, and Wellness Studies, General

Related Areas

- Dietetics/Human Nutritional Services
- Foodservice Systems Administration/Management