NHM 209: Nutrition Science

**Nutrition & Hospitality Management**

Introduction to the principles of the science of nutrition with implications for any applications to food selection for individuals of all ages.

3 Credits

**Corequisites**
- NHM 208: Nutrition Science Laboratory

**Instruction Type(s)**
- Lecture: Lecture for NHM 209

**Subject Areas**
- Foods, Nutrition, and Wellness Studies, General

**Related Areas**
- Dietetics/Human Nutritional Services
- Foodservice Systems Administration/Management