**Emphasis - Health Sciences**

- B.S. in Dietetics and Nutrition
- Emphasis - Health Sciences

**B.S. in Dietetics and Nutrition**

**Description**
The program in dietetics and nutrition provides an academic path for students to enter careers or advanced programs in dietetics and nutrition.

**Minimum Total Credit Hours: 120**

**Goals/Mission Statement**
The mission of the dietetics and nutrition program is to prepare a diverse community of students who will be prepared academically and professionally to achieve success in postgraduate studies such as dietetic internships, graduate school and/or dietetic-related careers. Students will be able to analyze current academic and research literature, value lifelong learning, participate in community-based service learning activities, and demonstrate professional ethics.

**General Education Requirements**
See the General Education/Core Curriculum for the School of Applied Sciences. Students in this major, however, must take Bisc 102/103 OR 160/161 OR Bisc 206 to fulfill the "Human Biology w/Lab." Students must also take Bisc 210 OR Bisc 333 for the "Additional Science w/Lab" requirement.

An additional 20 hours are required in the following courses: Chem 105/115, Chem 106/116, GB 370, Mgmt 383 OR NHM 466, Spch 102, 105 OR Bus 271, Writ 250.

**Course Requirements**
All B.S.D.N. students require the following 23 hours of credit:

<table>
<thead>
<tr>
<th>Course</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>NHM 111. Servsafe</td>
<td>1</td>
</tr>
<tr>
<td>NHM 114. Intro to Nutrition Professions</td>
<td>2</td>
</tr>
<tr>
<td>NHM 211. Principles of Food Preparation</td>
<td>3</td>
</tr>
<tr>
<td>NHM 213. Principles of Food Preparation Lab</td>
<td>1</td>
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<tr>
<td>NHM 311. Nutrition</td>
<td>3</td>
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<tr>
<td>NHM 323. Human Development Across the Lifespan</td>
<td>3</td>
</tr>
<tr>
<td>NHM 410. Medical Nutrition Therapy I</td>
<td>3</td>
</tr>
<tr>
<td>NHM 414. Professional Development in Nutrition</td>
<td>1</td>
</tr>
<tr>
<td>NHM 415. Experimental Foods</td>
<td>3</td>
</tr>
<tr>
<td>NHM 417. Community Nutrition</td>
<td>3</td>
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</tbody>
</table>

A minimum grade of C is required in all NHM core courses.

**Other Academic Requirements**
A verification statement documenting successful completion of all undergraduate course requirements is required for graduates to gain acceptance into accredited dietetic internship programs.

**Emphasis - Health Sciences**

**Description**
The health sciences emphasis is designed for students who are seeking careers in a health-related profession.

**General Education Requirements**
Students must meet all general education, additional support, and core NHM class requirements.

**Course Requirements**
Students in the health sciences emphasis must take the following courses:

- Chem 221 - Elementary Organic Chemistry I (3 hours)
- Chem 225 - Elementary Organic Chemistry I Lab (1 hour)
- Chem 271 - Biochemical Concepts (3 hours) OR Chem 471 - Biochemistry I (3 hours)
- Bisc 207 - Human Anatomy & Physiology II (4 hours) OR Bisc 330 - Introductory Physiology (4 hours)
- Clc 201 - Medical Terminology in Greek and Latin (3 hours)
- HP 203 - First Aid & CPR (3 hours)
- NHM 411 - Medical Nutrition Therapy II (3 hours)
- NHM 412 - Medical Nutrition Therapy III (3 hours)
- Electives at the 300+ level (12 hours)

**Other Academic Requirements**
Students in this emphasis are encouraged to pursue a minor.