Emphasis - Dietetics

B.S. in Dietetics and Nutrition

Description

The program in dietetics and nutrition provides an academic path for students to enter careers or advanced programs in dietetics and nutrition.

Minimum Total Credit Hours: 120

Goals/Mission Statement

The mission of the dietetics and nutrition program is to prepare a diverse community of students who will be prepared academically and professionally to achieve success in postgraduate studies such as dietetic internships, graduate school and/or dietetic-related careers. Students will be able to analyze current academic and research literature, value lifelong learning, participate in community-based service learning activities, and demonstrate professional ethics.

General Education Requirements

See the General Education/Core Curriculum for the School of Applied Sciences. Students in this major, however, must take Bisc 102/103 OR 160/161 OR Bisc 206 to fulfill the "Human Biology w/Lab." Students must also take Bisc 210 OR Bisc 333 for the "Additional Science w/Lab" requirement.

An additional 20 hours are required in the following courses: Chem 105/115, Chem 106/116, GB 370, Mgmt 383 OR NHM 466, Spch 102, 105 OR Bus 271, Writ 250.

Course Requirements

All B.S.D.N. students require the following 23 hours of credit:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Name</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>NHM 111.</td>
<td>Servsafe</td>
<td>1</td>
</tr>
<tr>
<td>NHM 114.</td>
<td>Intro to Nutrition Professions</td>
<td>2</td>
</tr>
<tr>
<td>NHM 211.</td>
<td>Principles of Food Preparation</td>
<td>3</td>
</tr>
<tr>
<td>NHM 213.</td>
<td>Principles of Food Preparation Lab</td>
<td>1</td>
</tr>
<tr>
<td>NHM 311.</td>
<td>Nutrition</td>
<td>3</td>
</tr>
<tr>
<td>NHM 323.</td>
<td>Human Development Across the Lifespan</td>
<td>3</td>
</tr>
<tr>
<td>NHM 410.</td>
<td>Medical Nutrition Therapy I</td>
<td>3</td>
</tr>
<tr>
<td>NHM 414.</td>
<td>Professional Development in Nutrition</td>
<td>1</td>
</tr>
<tr>
<td>NHM 415.</td>
<td>Experimental Foods</td>
<td>3</td>
</tr>
<tr>
<td>NHM 417.</td>
<td>Community Nutrition</td>
<td>3</td>
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</tbody>
</table>

A minimum grade of C is required in all NHM core courses.

Other Academic Requirements

A verification statement documenting successful completion of all undergraduate course requirements is required for graduates to gain acceptance into accredited dietetic internship programs.

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Description

The dietetics emphasis is designed for students who are seeking a career as a registered dietitian nutritionist.

General Education Requirements

Students must meet all general education, additional support, and core NHM class requirements. Students must have department approval to add this emphasis.

Course Requirements

Students enrolled in the dietetics emphasis must take the following 34 hours:

• Chem 221 - Elementary Organic Chemistry I (3 hours)
• Chem 225 - Elementary Organic Chemistry I Lab (1 hour)
• Chem 271 - Biochemical Concepts (3 hours) OR Chem 471 - Biochemistry (3 hours)
• Bisc 207 - Human Anatomy & Physiology II (4 hours)
• NHM 363 - Foodservice Procurement (3 hours)
• NHM 373 - Consumer Economics (3 hours)
• NHM 411 - Medical Nutrition Therapy II (3 hours)
• NHM 412 - Medical Nutrition Therapy III (3 hours)
• NHM 461 - Foodservice Systems Management I (3 hours)
• NHM 462 - Quantity Food Production and Service (3 hours)
• NHM 472 - Quantity Food Production and Service Lab (2 hours)
• NHM 483 - Applied Experiences in Dietetics (3 hours)
Other Academic Requirements
Students in this emphasis must earn a grade of "C" or better in all NHM classes. Students completing a B.S.D.N. degree with the dietetics emphasis will receive a verification statement that will allow graduates to apply to accredited dietetic internship or coordinated master’s programs. Graduates may also use the verification statement to take the exam leading to the credential of nutrition and dietetics technician, registered (NDTR).