SRA 680: Leisure Programming for Senior Adults

**Health, Exercise Sci & Recreation Mgmt**

A study of the unique recreation and leisure needs of the mature adult; how to contend with the intervening aspects of aging, and how to program for this population in municipal, institutional, and residential settings.

3 Credits

**Instruction Type(s)**
- Lecture: Lecture for RA 680

**Subject Areas**
- Parks, Recreation and Leisure Facilities Management
- Parks, Recreation, Leisure and Fitness Studies, Other