HP 635: Theories in Health Promotion

Selected health behavior theories and their application to the practice of health promotion will be covered. Using a social ecological framework, we examine theories, research, and interventions that aim to promote the health of individuals, communities, and populations.

3 Credits

**Instruction Type(s)**
- Seminar; Seminar for HP 635

**Subject Areas**
- Health and Physical Education, General
- Health and Physical Education/Fitness, Other

**Related Areas**
- Health and Physical Education, General
- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Socio-Psychological Sports Studies