HP 615: Personal Health Promotion
Health, Exercise Sci & Recreation Mgmt
An advanced study of personal health promotion; information, skills, theory, and practice in assisting clients develop health-related life skills.
3 Credits

Instruction Type(s)
• Lecture: Lecture for HP 615

Subject Areas
• Health and Physical Education, General
• Health and Physical Education/Fitness, Other

Related Areas
• Health and Physical Education, General
• Health and Physical Education/Fitness, Other
• Kinesiology and Exercise Science
• Socio-Psychological Sports Studies