HP 615: Personal Health Promotion

Health, Exercise Sci & Recreation Mgmt

An advanced study of personal health promotion; information, skills, theory, and practice in assisting clients develop health-related life skills.

3 Credits

Instruction Type(s)
- Lecture: Lecture for HP 615
- Lecture: Web-based Lecture for HP 615

Subject Areas
- Health and Physical Education, General
- Health and Physical Education/Fitness, Other

Related Areas
- Health and Physical Education, General
- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Socio-Psychological Sports Studies