HP 191: Personal and Community Health
Health, Exercise Sci & Recreation Mgmt
A comprehensive health course, including principles and practices of healthful living for the individual and community; major health problems; responsibilities of home, school, health agencies.
3 Credits

Instruction Type(s)
• Lecture: Lecture for HP 191
• Lecture: iStudy for HP 191

Subject Areas
• Health and Physical Education, General
• Health and Physical Education/Fitness, Other

Related Areas
• Health and Physical Education, General
• Health and Physical Education/Fitness, Other
• Kinesiology and Exercise Science
• Socio-Psychological Sports Studies