ES 618: Advanced Muscle Physiology

**HEALTH, EXERCISE SCI & RECREATION MGMT**

An in-depth study into human skeletal muscle structure and function with reference to exercise-induced plasticity, peak performance, age-related sarcopenia, and clinical pathologies.

3 Credits

**Prerequisites**
- ES 348: Physiology of Exercise
- ES 611: Exercise Physiology I

**Instruction Type(s)**
- Lecture: Lecture for ES 618

**Subject Areas**
- Health and Physical Education, General

**Related Areas**
- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Socio-Psychological Sports Studies