ES 613: Health Aspects of Physical Activity
Health, Exercise Sci & Recreation Mgmt
An examination of the role of physical activity as it relates to health status with an emphasis on the use of exercise in mediating risk factors, and a critical analysis of the exercise epidemiological literature.
3 Credits
Instruction Type(s)
• Lecture: Lecture for ES 613

Subject Areas
• Health and Physical Education, General
• Kinesiology and Exercise Science

Related Areas
• Health and Physical Education, General
• Health and Physical Education/Fitness, Other
• Kinesiology and Exercise Science
• Socio-Psychological Sports Studies