ES 609: Motor Behavior

*Health, Exercise Sci & Recreation Mgmt*

A theoretical and practical focus upon the improvement of human motor performance and development of perceptual-motor skills.

3 Credits

**Instruction Type(s)**
- Lecture: Lecture for ES 609

**Subject Areas**
- Health and Physical Education, General
- Kinesiology and Exercise Science

**Related Areas**
- Health and Physical Education, General
- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Socio-Psychological Sports Studies