ES 608: Methods & Procedures of Graded Exercise

**HEALTH, EXERCISE SCI & RECREATION MGMT**

Methods, procedures, and techniques of diagnostic and functional graded exercise testing. Aptitude regarding referral procedures, data interpretation, contraindications, protocols, equipment, and follow-up procedures regarding graded exercise testing.

3 Credits

**Instruction Type(s)**
- Lecture/Lab: Lecture/Lab for ES 608

**Subject Areas**
- Health and Physical Education, General
- Kinesiology and Exercise Science

**Related Areas**
- Health and Physical Education, General
- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Socio-Psychological Sports Studies