ES 542: Sports Psychology
Health, Exercise Sci & Recreation Mgmt

Examination of motivation, personality, and other personal performance-related issues affecting sports.

3 Credits

Prerequisites
• Prerequisite: Junior standing (60 hr).

Instruction Type(s)
• Lecture: Lecture for ES 542

Subject Areas
• Health and Physical Education, General
• Kinesiology and Exercise Science

Related Areas
• Health and Physical Education, General
• Health and Physical Education/Fitness, Other
• Kinesiology and Exercise Science
• Socio-Psychological Sports Studies