**ES 542: Sports Psychology**

**Health, Exercise Sci & Recreation Mgmt**

Examination of motivation, personality, and other personal performance-related issues affecting sports.

3 Credits

**Prerequisites**
- Prerequisite: Junior standing (60 hr).

**Instruction Type(s)**
- Lecture: Lecture for ES 542

**Subject Areas**
- Health and Physical Education, General
- Kinesiology and Exercise Science

**Related Areas**
- Health and Physical Education, General
- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Socio-Psychological Sports Studies