ES 542: Sports Psychology

HEALTH, EXERCISE SCI & RECREATION MGMT

Examination of motivation, personality, and other personal performance-related issues affecting sports.

3 Credits

Prerequisites
- Prerequisite: Junior standing (60 hr).

Instruction Type(s)
- Lecture: Lecture for ES 542

Subject Areas
- Health and Physical Education, General
- Kinesiology and Exercise Science

Related Areas
- Health and Physical Education, General
- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Socio-Psychological Sports Studies