ES 394: Therapeutic Exercise and Fitness
Health, Exercise Sci & Recreation Mgmt
An overview of therapeutic exercise and fitness components for at-risk populations with emphasis in preventive and corrective programming.
3 Credits

Instruction Type(s)
• Lecture: Lecture for ES 394

Subject Areas
• Health and Physical Education, General
• Kinesiology and Exercise Science

Related Areas
• Health and Physical Education, General
• Health and Physical Education/Fitness, Other
• Kinesiology and Exercise Science
• Socio-Psychological Sports Studies