ES 391: Trends & Topics in Exercise Science

**HEALTH, EXERCISE SCI & RECREATION MGMT**

Identification and analysis of trends and topics in exercise science.

**3 Credits**

**Instruction Type(s)**
- Lecture: Lecture for ES 391
- Lecture: Web based lecture for ES 391

**Subject Areas**
- Health and Physical Education, General
- Kinesiology and Exercise Science

**Related Areas**
- Health and Physical Education, General
- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Socio-Psychological Sports Studies