EL 251: Advanced Weight Lifting  
Health, Exercise Sci & Recreation Mgmt  
Pass/Fail grade  
1 Credit  

Instruction Type(s)  
- Lecture/Lab: Lecture/Lab for EL 251  

Course Fee(s)  
Applied Science  
- $50.00 when booked for:  
  - Fall, Second Fall, Winter, Spring, First Spring, Second Spring, May, Full Summer, First Summer, Second Summer, August 2016-17  
  - Fall, First Fall, Second Fall 2017-18  

Subject Areas  
- Health and Physical Education, General  
- Kinesiology and Exercise Science  

Related Areas  
- Health and Physical Education, General  
- Health and Physical Education/Fitness, Other  
- Kinesiology and Exercise Science  
- Socio-Psychological Sports Studies