EL 169: Aqua Exercise  
**HEALTH, EXERCISE SCI & RECREATION MGMT**  
Forms of aquatic exercise including aqua-aerobics, deep water running, shallow water running, and swimming.  
Pass/Fail grade  
1 Credit  
**Instruction Type(s)**  
- Lecture/Lab: Lecture/Lab for EL 169  
**Course Fee(s)**  
**Applied Science 2**  
- $50.00 when booked for:  
  - Fall, Second Fall, Winter, Spring, First Spring, Second Spring, May, Full Summer, First Summer, Second Summer, August 2016-17  
  - Fall, First Fall, Second Fall 2017-18  
**Subject Areas**  
- Health and Physical Education, General  
- Kinesiology and Exercise Science  
**Related Areas**  
- Health and Physical Education, General  
- Health and Physical Education/Fitness, Other  
- Kinesiology and Exercise Science  
- Socio-Psychological Sports Studies