**EL 151: Weight Lifting**  
**Health, Exercise Sci & Recreation Mgmt**

Pass/Fail grade  
1 Credit

**Instruction Type(s)**  
- Lecture/Lab: Lecture/Lab for EL 151

**Course Fee(s)**  
- Applied Science 2
  - $50.00 when booked for:
    - Spring, Second Spring, May, Full Summer, First Summer, Second Summer, August 2016-17
    - Fall, First Fall, Second Fall, Winter, Spring, First Spring, Second Spring 2017-18

**Subject Areas**  
- Health and Physical Education, General
- Kinesiology and Exercise Science

**Related Areas**  
- Health and Physical Education, General
- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Socio-Psychological Sports Studies