EL 134: Kayaking
HEALTH, EXERCISE SCI & RECREATION MGMT
Fundamental techniques, safety, and navigation to facilitate skills for open water touring.
Pass/Fail grade
1 Credit

Prerequisites
• Second eight weeks only, field trip and fee required

Instruction Type(s)
• Lecture/Lab: Lecture/Lab for EL 134

Subject Areas
• Health and Physical Education, General
• Kinesiology and Exercise Science

Related Areas
• Health and Physical Education, General
• Health and Physical Education/Fitness, Other
• Kinesiology and Exercise Science
• Socio-Psychological Sports Studies