EL 134: Kayaking

**HEALTH, EXERCISE SCI & RECREATION MGMT**

Fundamental techniques, safety, and navigation to facilitate skills for open water touring.

Pass/Fail grade

1 Credit

**Prerequisites**

- Second eight weeks only, field trip and fee required

**Instruction Type(s)**

- Lecture/Lab: Lecture/Lab for EL 134

**Subject Areas**

- Health and Physical Education, General
- Kinesiology and Exercise Science

**Related Areas**

- Health and Physical Education, General
- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Socio-Psychological Sports Studies