EL 134: Kayaking

HEALTH, EXERCISE SCI & RECREATION MGMT

Fundamental techniques, safety, and navigation to facilitate skills for open water touring.

Pass/Fail grade

1 Credit

Prerequisites
- Second eight weeks only, field trip and fee required

Instruction Type(s)
- Lecture/Lab: Lecture/Lab for EL 134

Subject Areas
- Health and Physical Education, General
- Kinesiology and Exercise Science

Related Areas
- Health and Physical Education, General
- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Socio-Psychological Sports Studies