EL 120: Intro to Lifetime Leisure Activities

Health, Exercise Sci & Recreation Mgmt

Selected individual and group leisure activities suitable for all age groups and ability levels.

Pass/Fail grade

1 Credit

Instruction Type(s)

- Lab: Laboratory for EL 120

Course Fee(s)

Applied Science

- $50.00

Subject Areas

- Health and Physical Education, General
- Kinesiology and Exercise Science

Related Areas

- Health and Physical Education, General
- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Socio-Psychological Sports Studies