EL 120: Intro to Lifetime Leisure Activities

**Health, Exercise Sci & Recreation Mgmt**

Selected individual and group leisure activities suitable for all age groups and ability levels.

Pass/Fail grade

1 Credit

**Instruction Type(s)**

- Lab: Laboratory for EL 120

**Course Fee(s)**

Applied Science

- $50.00

**Subject Areas**

- Health and Physical Education, General
- Kinesiology and Exercise Science

**Related Areas**

- Health and Physical Education, General
- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Socio-Psychological Sports Studies