EL 103: Ropes Courses and Climbing Basics
Health, Exercise Sci & Recreation Mgmt

An introduction to low-rope adventure courses, high-rope adventure courses, and basic climbing techniques such as rappelling and team climbing.

Pass/Fail grade

1 Credit

Instruction Type(s)
• Lecture/Lab: Lecture/Lab for EL 103

Course Fee(s)
Applied Science
• $50.00

Subject Areas
• Health and Physical Education, General
• Kinesiology and Exercise Science

Related Areas
• Health and Physical Education, General
• Health and Physical Education/Fitness, Other
• Kinesiology and Exercise Science
• Socio-Psychological Sports Studies