EL 103: Ropes Courses and Climbing Basics
Health, Exercise Sci & Recreation Mgmt
An introduction to low-rope adventure courses, high-rope adventure courses, and basic climbing techniques such as rappelling and team climbing.
Pass/Fail grade
1 Credit
Instruction Type(s)
- Lecture/Lab: Lecture/Lab for EL 103
Course Fee(s)
Applied Science
- $50.00
Subject Areas
- Health and Physical Education, General
- Kinesiology and Exercise Science
Related Areas
- Health and Physical Education, General
- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Socio-Psychological Sports Studies