EL 100: Wilderness Living Techniques  
Health, Exercise Sci & Recreation Mgmt

Basics of outdoor living skills focusing on camping, orienteering, basic survival, cooking, natural food identification and preparation, and trip planning.

Pass/Fail grade
1 Credit

**Prerequisites**
- First eight weeks only, field trip and fee required

**Instruction Type(s)**
- Lecture/Lab: Lecture/Lab for EL 100

**Course Fee(s)**
Applied Science
- $50.00

**Subject Areas**
- Health and Physical Education, General
- Kinesiology and Exercise Science

**Related Areas**
- Health and Physical Education, General
- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Socio-Psychological Sports Studies