EL 100: Wilderness Living Techniques

Health, Exercise Sci & Recreation Mgmt

Basics of outdoor living skills focusing on camping, orienteering, basic survival, cooking, natural food identification and preparation, and trip planning.

Pass/Fail grade

1 Credit

Prerequisites

• First eight weeks only, field trip and fee required

Instruction Type(s)

• Lecture/Lab: Lecture/Lab for EL 100

Course Fee(s)

Applied Science

• $50.00 when booked for:
  » Spring, Second Spring, May, Full Summer, First Summer, Second Summer, August 2016-17
  » Fall, First Fall, Second Fall, Winter, Spring, First Spring, Second Spring 2017-18

Subject Areas

• Health and Physical Education, General
• Kinesiology and Exercise Science

Related Areas

• Health and Physical Education, General
• Health and Physical Education/Fitness, Other
• Kinesiology and Exercise Science
• Socio-Psychological Sports Studies