HEALTH, EXERCISE SCI & RECREATION MGMT

Overview
Academics & Admissions
Programs
Minors
Courses
Faculty

Courses
- EL 100: Wilderness Living Techniques
- EL 103: Ropes Courses and Climbing Basics
- EL 105: Self Defense Activities
- EL 111: Cycling
- EL 117: Volleyball
- EL 118: Beginning Fencing
- EL 119: Archery
- EL 120: Intro to Lifetime Leisure Activities
- EL 124: Racquetball
- EL 129: Body Contouring and Conditioning
- EL 132: Canoeing
- EL 133: Backpacking
- EL 134: Kayaking
- EL 137: Bowling
- EL 139: Golf
- EL 142: Open Water Scuba Diving
- EL 147: Tennis
- EL 151: Weight Lifting
- EL 153: Sports Conditioning
- EL 154: Coaching Soccer
- EL 156: Jogging
- EL 158: Low Impact Aerobics
- EL 159: High Impact Aerobics
- EL 169: Aqua Exercise
- EL 170: Beginning Swimming
- EL 171: Intermediate Swimming
- EL 172: Advanced Swimming
- EL 173: Lifeguarding
- EL 174: Water Safety Instructor
- EL 175: Lifeguarding Instructor
- EL 200: Teaching Techniques for Land-Based Adven
- EL 217: Advanced Volleyball
- EL 218: Advanced Fencing
- EL 219: Advanced Archery
- EL 224: Advanced Racquetball
- EL 229: Advanced Body Contouring & Conditioning
- EL 231: Teaching Techniques for Small Craft
- EL 233: Sports Officiating I
- EL 234: Sports Officiating II
- EL 237: Advanced Bowling
- EL 239: Advanced Golf
- EL 242: Advanced Open Water Scuba Diving
- EL 247: Advanced Tennis
- EL 251: Advanced Weight Lifting
- EL 253: Advanced Sports Conditioning
- EL 255: Coaching Tennis
- EL 269: Advanced Aqua Exercise
- EL 342: Master Diver
• EL 352: Coaching Football  
• EL 353: Advanced Sports Conditioning  
• EL 354: Coaching Basketball  
• EL 355: Coaching Baseball-Softball  
• EL 357: Coaching Volleyball  
• EL 359: Coaching Track and Field  
• EL 442: Dive Supervisor  
• EL 453: Advanced Sports Conditioning  
• ES 100: Introduction to Exercise Science  
• ES 104: Sports in the Ancient World  
• ES 319: Sport and Society  
• ES 338: Motor Learning and Control  
• ES 344: Aging in the 21st Century  
• ES 346: Kinesiology  
• ES 348: Physiology of Exercise  
• ES 349: Physiology of Exercise Laboratory  
• ES 351: Measurement & Statistics in Exercise Sci  
• ES 391: Trends & Topics in Exercise Science  
• ES 394: Therapeutic Exercise and Fitness  
• ES 396: Allied Health Terminology  
• ES 402: Exercise Leadership  
• ES 440: Behavioral Aspects of Exercise  
• ES 446: Biomechanics of Human Movement  
• ES 447: Biomechanics Laboratory  
• ES 456: Exercise Testing & Prescription  
• ES 457: Exercise Testing & Prescription Lab  
• ES 471: Mgmt. of Health, Fitness and Sport Progr  
• ES 473: Practicum  
• ES 490: Independent Study  
• ES 493: Internship  
• ES 512: Foundations of Biomechanics  
• ES 514: Applied Electromyography  
• ES 515: Stress and the Brain  
• ES 542: Sports Psychology  
• ES 544: The American Woman in Sports  
• ES 548: Biomechanics of Injury  
• ES 574: Selected Problems in Special Populations  
• ES 608: Methods & Procedures of Graded Exercise  
• ES 609: Motor Behavior  
• ES 610: Internship in Exercise Science  
• ES 611: Exercise Physiology I  
• ES 612: Instrumentation & Analysis in Biomechan  
• ES 613: Health Aspects of Physical Activity  
• ES 614: Cardiovascular Physiology  
• ES 615: Physiological Aspects of Aging  
• ES 616: Exercise Physiology II  
• ES 618: Advanced Muscle Physiology  
• ES 620: Selected Topics in Exercise Science  
• ES 625: Research Design and Evaluation  
• ES 632: Advanced Structural Kinesiology  
• ES 644: Control of Human Voluntary Movement  
• ES 650: Seminar In Exercise Science  
• ES 651: Advanced Individual Study  
• ES 652: Advanced Individual Study  
• ES 653: Independent Research  
• ES 655: Problems in PE/Health Education  
• ES 697: Thesis  
• ES 750: Advanced Seminar in Exercise Science  
• Espr 797: Dissertation
- HP 191: Personal and Community Health
- HP 203: First Aid and CPR
- HP 303: Prevention & Care of Athletic Injuries
- HP 312: Behavioral Aspects of Weight Mgmt
- HP 403: Advanced Athletic Training
- HP 506: Current Topics
- HP 600: Foundations of Health Promotion
- HP 605: Health Promotion Planning
- HP 615: Personal Health Promotion
- HP 625: Research Design and Evaluation
- HP 626: Statistical Analysis I
- HP 627: Internship in Health Promotion
- HP 635: Theories in Health Promotion
- HP 645: Organization & Admin. of Health Promotion
- HP 646: Introduction to Epidemiology
- HP 651: Advanced Independent Study
- HP 652: Advanced Individual Study
- HP 653: Independent Research
- HP 655: Special Topics in Health Behavior
- HP 675: Advanced Theoretical Appl Hlth Behavior
- HP 685: Program Evaluation in Health Behavior
- HP 695: Human Health and Illness
- HP 697: Thesis
- HP 750: Seminar in Health Promotion
- HP 757: Dissertation
- SRA 194: Foundations of Leisure and Recreation
- SRA 200: Park & Recreation Program Leadership
- SRA 262: Introduction to Therapeutic Recreation
- SRA 270: The Business of Sport
- SRA 301: Planning & Evaluation in SRA
- SRA 302: Program Planning & Development
- SRA 311: Mktg. & Communication in Sport & Rec
- SRA 330: Sport Governance and Policy
- SRA 332: Outdoor Recreation
- SRA 370: Sports Economics and Finance
- SRA 371: Camp Leadership
- SRA 372: Procedures and Techniques in Therapeutic
- SRA 375: Recreational Sports Programming
- SRA 380: Current Issues in Travel & Tourism Mgmt.
- SRA 388: Assessment/Planning in Therapeutic Rec
- SRA 391: Practicum in Recreation Administration I
- SRA 392: Practicum in Rec. Administration II
- SRA 400: Professional Development
- SRA 401: Internship in Recreation Administration
- SRA 410: Senior Seminar: Professional Development
- SRA 425: Design and Maintenance of Facilities
- SRA 471: Admin. of Recreation Admin. Programs
- SRA 473: Supervision and Administration of Therap
- SRA 475: Legal Aspects of Sport and Recreation
- SRA 490: Independent Study
- SRA 497: Cooperative Field Practicum
- SRA 498: Cooperative Field Practicum
- SRA 499: Cooperative Field Practicum
- SRA 510: Entrepreneurial Recreation
- SRA 539: Outdoor Resources Management
- SRA 569: Strategies & Applications in Outdoor Edu
- SRA 574: Current Trends in Therapeutic Recreation
- SRA 600: Issues & Trends in Recreation Admin. Pro
- SRA 601: Recreation Admin. Program Dev & Promotio
- SRA 602: Assessment & Evalua. of Rec. Admin. Prog
- SRA 625: Research Design and Evaluation
- SRA 627: Internship
- SRA 628: Qualitative Inquiry
- SRA 650: Seminar in Community & Rural Tourism
- SRA 651: Advanced Independent Study
- SRA 652: Advanced Independent Study
- SRA 653: Independent Research
- SRA 654: Directed Event Programming
- SRA 660: Sport and Leisure Economics
- SRA 671: Recreation Admin. Program Administration
- SRA 680: Leisure Programming for Senior Adults
- SRA 691: Principles & Practices of Leisure & Recr
- SRA 697: Thesis