Health, Exercise Sci & Recreation Mgmt

Overview
Academics & Admissions
Programs
Minors
Courses
Faculty

Courses
- EL 100: Wilderness Living Techniques
- EL 103: Ropes Courses and Climbing Basics
- EL 105: Self Defense Activities
- EL 111: Cycling
- EL 117: Volleyball
- EL 118: Beginning Fencing
- EL 119: Archery
- EL 120: Intro to Lifetime Leisure Activities
- EL 124: Racquetball
- EL 129: Body Contouring and Conditioning
- EL 132: Canoeing
- EL 133: Backpacking
- EL 134: Kayaking
- EL 137: Bowling
- EL 139: Golf
- EL 142: Open Water Scuba Diving
- EL 147: Tennis
- EL 151: Weight Lifting
- EL 153: Sports Conditioning
- EL 154: Coaching Soccer
- EL 155: Walking I
- EL 156: Jogging
- EL 158: Low Impact Aerobics
- EL 159: High Impact Aerobics
- EL 169: Aqua Exercise
- EL 170: Beginning Swimming
- EL 171: Intermediate Swimming
- EL 172: Advanced Swimming
- EL 173: Lifeguarding
- EL 174: Water Safety Instructor
- EL 175: Lifeguarding Instructor
- EL 200: Teaching Techniques for Land-Based Adven
- EL 217: Advanced Volleyball
- EL 218: Advanced Fencing
- EL 219: Advanced Archery
- EL 224: Advanced Racquetball
- EL 229: Advanced Body Contouring & Conditioning
- EL 231: Teaching Techniques for Small Craft
- EL 233: Sports Officiating I
- EL 234: Sports Officiating II
- EL 237: Advanced Bowling
- EL 239: Advanced Golf
- EL 242: Advanced Open Water Scuba Diving
- EL 247: Advanced Tennis
- EL 251: Advanced Weight Lifting
- EL 253: Advanced Sports Conditioning
- EL 255: Coaching Tennis
- EL 269: Advanced Aqua Exercise

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master's, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacscoc.org for questions about the accreditation.

http://catalog.olemiss.edu/2019/spring/undergraduate/applied-sciences/health-exercise-sci-recreation-mgmt/courses
EL 342: Master Diver

EL 352: Coaching Football

EL 353: Advanced Sports Conditioning

EL 354: Coaching Basketball

EL 355: Coaching Baseball-Softball

EL 357: Coaching Volleyball

EL 359: Coaching Track and Field

EL 442: Dive Supervisor

EL 453: Advanced Sports Conditioning

ES 100: Introduction to Exercise Science

ES 104: Sports in the Ancient World

ES 319: Sport and Society

ES 338: Motor Learning and Control

ES 344: Aging in the 21st Century

ES 346: Kinesiology

ES 347: Kinesiology Lab

ES 348: Physiology of Exercise

ES 349: Physiology of Exercise Laboratory

ES 350: Research Methods in HESRM

ES 351: Measurement & Statistics in Exercise Sci

ES 352: Trends & Topics in Exercise Science

ES 354: Therapeutic Exercise and Fitness

ES 356: Allied Health Terminology

ES 402: Exercise Leadership

ES 440: Behavioral Aspects of Exercise

ES 446: Biomechanics of Human Movement

ES 447: Biomechanics Laboratory

ES 456: Exercise Testing & Prescription

ES 457: Exercise Testing & Prescription Lab

ES 471: Mgmt. of Health, Fitness and Sport Progr

ES 473: Practicum

ES 490: Independent Study

ES 493: Internship

ES 511: Applied Statistics

ES 512: Foundations of Biomechanics

ES 514: Applied Electromyography

ES 515: Stress and the Brain

ES 542: Sports Psychology

ES 544: The American Woman in Sports

ES 548: Biomechanics of Injury

ES 574: Selected Problems in Special Populations

ES 603: Data Analytics Methodologies

ES 608: Methods & Procedures of Graded Exercise

ES 609: Motor Behavior

ES 610: Internship in Exercise Science

ES 611: Exercise Physiology I

ES 612: Instrumentation & Analysis in Biomechan

ES 613: Health Aspects of Physical Activity

ES 614: Cardiovascular Physiology

ES 615: Physiological Aspects of Aging

ES 616: Exercise Physiology II

ES 618: Advanced Muscle Physiology

ES 620: Selected Topics in Exercise Science

ES 625: Research Design and Evaluation

ES 626: Statistical Analysis I

ES 632: Advanced Structural Kinesiology

ES 644: Control of Human Voluntary Movement

ES 650: Seminar In Exercise Science

ES 651: Advanced Individual Study
ES 652: Advanced Individual Study
ES 653: Independent Research
ES 655: Problems in PE/Health Education
ES 667: Thesis
ES 750: Advanced Seminar in Exercise Science
Espr 797: Dissertation
HK 710: Meta-Analysis
HK 711: Measurement Theory and Practice
HK 750: Seminar in Health and Kinesiology
HK 751: Advanced Independent Study
HK 752: Advanced Independent Study
HK 797: Dissertation
HP 191: Personal and Community Health
HP 203: First Aid and CPR
HP 303: Prevention & Care of Athletic Injuries
HP 312: Behavioral Aspects of Weight Mgmt
HP 403: Advanced Athletic Training
HP 506: Current Topics
HP 600: Foundations of Health Promotion
HP 603: Data Analytics Methodologies
HP 605: Health Promotion Planning
HP 615: Personal Health Promotion
HP 625: Research Design and Evaluation
HP 626: Statistical Analysis I
HP 627: Internship in Health Promotion
HP 635: Theories in Health Promotion
HP 645: Organization & Admin. of Health Promotion
HP 646: Introduction to Epidemiology
HP 651: Advanced Independent Study
HP 652: Advanced Individual Study
HP 653: Independent Research
HP 665: Special Topics in Health Behavior
HP 675: Advanced Theoretical Appl Hlth Behavior
HP 685: Program Evaluation in Health Behavior
HP 695: Human Health and Illness
HP 697: Thesis
SRA 194: Foundations of Leisure and Recreation
SRA 200: Park & Recreation Program Leadership
SRA 262: Introduction to Therapeutic Recreation
SRA 270: The Business of Sport
SRA 301: Planning & Evaluation in SRA
SRA 302: Program Planning & Development
SRA 311: Mktg. & Communication in Sport & Rec.
SRA 330: Sport Governance and Policy
SRA 332: Outdoor Recreation
SRA 370: Sports Economics and Finance
SRA 371: Camp Leadership
SRA 372: Procedures and Techniques in Therapeutic
SRA 375: Recreational Sports Programming
SRA 380: Current Issues in Travel & Tourism Mgmt
SRA 388: Assessment/Planning in Therapeutic Rec
SRA 391: Practicum in Recreation Administration I
SRA 392: Practicum in Rec. Administration II
SRA 400: Professional Development
SRA 401: Internship in Recreation Administration
SRA 410: Senior Seminar: Professional Development
SRA 425: Design and Maintenance of Facilities
SRA 471: Admin. of Recreation Admin. Programs
SRA 473: Supervision and Administration of Therap
- SRA 475: Legal Aspects of Sport and Recreation
- SRA 490: Independent Study
- SRA 497: Cooperative Field Practicum
- SRA 498: Cooperative Field Practicum
- SRA 499: Cooperative Field Practicum
- SRA 510: Entrepreneurial Recreation
- SRA 511: Applied Statistics
- SRA 539: Outdoor Resources Management
- SRA 569: Strategies & Applications in Outdoor Edu
- SRA 574: Current Trends in Therapeutic Recreation
- SRA 580: Recreational Therapy for Older Adults
- SRA 600: Issues & Trends in Recreation Admin. Pro
- SRA 601: Recreation Admin. Program Dev & Promotio
- SRA 602: Assessment & Evalua. of Rec. Admin. Prog
- SRA 603: Data Analytics Methodologies
- SRA 625: Research Design and Evaluation
- SRA 626: Statistical Analysis I
- SRA 627: Internship
- SRA 628: Qualitative Inquiry
- SRA 650: Seminar in Community & Rural Tourism
- SRA 651: Advanced Independent Study
- SRA 652: Advanced Independent Study
- SRA 653: Independent Research
- SRA 654: Directed Event Programming
- SRA 660: Sport and Leisure Economics
- SRA 671: Recreation Admin. Program Administration
- SRA 672: Business of Sport and Recreation
- SRA 680: Leisure Programming for Senior Adults
- SRA 691: Principles & Practices of Leisure & Recr
- SRA 697: Thesis