Health, Exercise Sci & Recreation Mgmt

Courses

- EL 100: Wilderness Living Techniques
- EL 103: Ropes Courses and Climbing Basics
- EL 105: Self Defense Activities
- EL 111: Cycling
- EL 117: Volleyball
- EL 118: Beginning Fencing
- EL 119: Archery
- EL 120: Intro to Lifetime Leisure Activities
- EL 124: Racquetball
- EL 129: Body Contouring and Conditioning
- EL 132: Canoeing
- EL 133: Backpacking
- EL 134: Kayaking
- EL 137: Bowling
- EL 139: Golf
- EL 142: Open Water Scuba Diving
- EL 147: Tennis
- EL 151: Weight Lifting
- EL 153: Sports Conditioning
- EL 154: Coaching Soccer
- EL 155: Walking I
- EL 156: Jogging
- EL 158: Low Impact Aerobics
- EL 159: High Impact Aerobics
- EL 169: Aqua Exercise
- EL 170: Beginning Swimming
- EL 171: Intermediate Swimming
- EL 172: Advanced Swimming
- EL 173: Lifeguarding
- EL 174: Water Safety Instructor
- EL 175: Lifeguarding Instructor
- EL 200: Teaching Techniques for Land-Based Adven
  
- EL 217: Advanced Volleyball
- EL 218: Advanced Fencing
- EL 219: Advanced Archery
- EL 224: Advanced Racquetball
- EL 229: Advanced Body Contouring & Conditioning
- EL 231: Teaching Techniques for Small Craft
- EL 233: Sports Officiating I
- EL 234: Sports Officiating II
- EL 237: Advanced Bowling
- EL 239: Advanced Golf
- EL 242: Advanced Open Water Scuba Diving
- EL 247: Advanced Tennis
- EL 251: Advanced Weight Lifting
- EL 253: Advanced Sports Conditioning
- EL 255: Coaching Tennis
- EL 269: Advanced Aqua Exercise
• EL 342: Master Diver
• EL 352: Coaching Football
• EL 353: Advanced Sports Conditioning
• EL 354: Coaching Basketball
• EL 355: Coaching Baseball-Softball
• EL 357: Coaching Volleyball
• EL 359: Coaching Track and Field
• EL 442: Dive Supervisor
• EL 453: Advanced Sports Conditioning
• ES 100: Introduction to Exercise Science
• ES 104: Sports in the Ancient World
• ES 106: Sports and Society
• ES 107: Motor Learning and Control
• ES 108: Aging in the 21st Century
• ES 109: Kinesiology
• ES 110: Kinesiology Lab
• ES 111: Physiology of Exercise
• ES 112: Physiology of Exercise Laboratory
• ES 113: Research Methods in HESRM
• ES 114: Measurement & Statistics in Exercise Sci
• ES 115: Trends & Topics in Exercise Science
• ES 116: Therapeutic Exercise and Fitness
• ES 117: Allied Health Terminology
• ES 118: Exercise Leadership
• ES 119: Behavioral Aspects of Exercise
• ES 120: Biomechanics of Human Movement
• ES 121: Biomechanics Laboratory
• ES 122: Exercise Testing & Prescription
• ES 123: Exercise Testing & Prescription Lab
• ES 124: Mgmt. of Health, Fitness and Sport Progr
• ES 125: Practicum
• ES 126: Independent Study
• ES 127: Internship
• ES 128: Applied Statistics
• ES 129: Foundations of Biomechanics
• ES 130: Applied Electromyography
• ES 131: Stress and the Brain
• ES 132: Sports Psychology
• ES 133: The American Woman in Sports
• ES 134: Biomechanics of Injury
• ES 135: Selected Problems in Special Populations
• ES 136: Data Analytics Methodologies
• ES 137: Ethics and Human Subjects Research
• ES 138: Methods & Procedures of Graded Exercise
• ES 139: Motor Behavior
• ES 140: Internship in Exercise Science
• ES 141: Exercise Physiology I
• ES 142: Instrumentation & Analysis in Biomechani
• ES 143: Health Aspects of Physical Activity
• ES 144: Cardiovascular Physiology
• ES 145: Physiological Aspects of Aging
• ES 146: Exercise Physiology II
• ES 147: Advanced Muscle Physiology
• ES 148: Selected Topics in Exercise Science
• ES 149: Research Design and Evaluation
• ES 150: Statistical Analysis I
• ES 151: Advanced Structural Biomechanics
• ES 152: Control of Human Voluntary Movement
• ES 153: Seminar in Exercise Science

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master’s, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacccoc.org for questions about the accreditation.
ES 651: Advanced Individual Study
ES 652: Advanced Individual Study
ES 653: Independent Research
ES 655: Problems in PE/Health Education
ES 697: Thesis
ES 750: Advanced Seminar in Exercise Science
Escr 797: Dissertation
HK 606: Ethics and Human Subjects Research
HK 710: Meta-Analysis
HK 711: Measurement Theory and Practice
HK 750: Seminar in Health and Kinesiology
HK 751: Advanced Independent Study
HK 752: Advanced Independent Study
HK 797: Dissertation
HP 191: Personal and Community Health
HP 203: First Aid and CPR
HP 303: Prevention & Care of Athletic Injuries
HP 312: Behavioral Aspects of Weight Mgmt
HP 403: Advanced Athletic Training
HP 506: Current Topics
HP 600: Foundations of Health Promotion
HP 603: Data Analytics Methodologies
HP 605: Health Promotion Planning
HP 615: Personal Health Promotion
HP 625: Research Design and Evaluation
HP 626: Statistical Analysis I
HP 627: Internship in Health Promotion
HP 635: Theories in Health Promotion
HP 645: Organization & Admin. of Health Promotion
HP 646: Introduction to Epidemiology
HP 651: Advanced Independent Study
HP 652: Advanced Individual Study
HP 653: Independent Research
HP 665: Special Topics in Health Behavior
HP 675: Advanced Theoretical Appl Hlth Behavior
HP 685: Program Evaluation in Health Behavior
HP 695: Human Health and Illness
HP 697: Thesis
SRA 194: Foundations of Leisure and Recreation
SRA 200: Park & Recreation Program Leadership
SRA 262: Introduction to Therapeutic Recreation
SRA 270: The Business of Sport
SRA 301: Planning & Evaluation in SRA
SRA 302: Program Planning & Development
SRA 311: Mktg. & Communication in Sport & Rec.
SRA 330: Sport Governance and Policy
SRA 332: Outdoor Recreation
SRA 370: Sports Economics and Finance
SRA 371: Camp Leadership
SRA 372: Procedures and Techniques in Therapeutic
SRA 375: Recreational Sports Programming
SRA 380: Current Issues in Travel & Tourism Mgmt.
SRA 388: Assessment/Planning in Therapeutic Rec
SRA 391: Practicum in Recreation Administration I
SRA 392: Practicum in Rec. Administration II
SRA 400: Professional Development
SRA 401: Internship in Recreation Administration
SRA 410: Senior Seminar: Professional Development
SRA 425: Design and Maintenance of Facilities

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http://catalog.olemiss.edu/2020/spring/undergraduate/applied-sciences/health-exercise-sci-recreation-mgmt/courses
• SRA 471: Admin. of Recreation Admin. Programs
• SRA 473: Supervision and Administration of Therap
• SRA 475: Legal Aspects of Sport and Recreation
• SRA 490: Independent Study
• SRA 497: Cooperative Field Practicum
• SRA 498: Cooperative Field Practicum
• SRA 499: Cooperative Field Practicum
• SRA 510: Entrepreneural Recreation
• SRA 511: Applied Statistics
• SRA 539: Outdoor Resources Management
• SRA 569: Strategies & Applications in Outdoor Edu
• SRA 574: Current Trends in Therapeutic Recreation
• SRA 580: Recreational Therapy for Older Adults
• SRA 600: Issues & Trends in Recreation Admin. Pro
• SRA 601: Recreation Admin. Program Dev & Promotio
• SRA 602: Assessment & Evalua. of Rec. Admin. Prog
• SRA 603: Data Analytics Methodologies
• SRA 606: Ethics and Human Subjects Research
• SRA 625: Research Design and Evaluation
• SRA 626: Statistical Analysis I
• SRA 627: Internship
• SRA 628: Qualitative Inquiry
• SRA 650: Seminar in Community & Rural Tourism
• SRA 651: Advanced Independent Study
• SRA 652: Advanced Independent Study
• SRA 653: Independent Research
• SRA 654: Directed Event Programming
• SRA 660: Sport and Leisure Economics
• SRA 671: Recreation Admin. Program Administration
• SRA 672: Business of Sport and Recreation
• SRA 680: Leisure Programming for Senior Adults
• SRA 691: Principles & Practices of Leisure & Recr
• SRA 697: Thesis