Courses

- EL 100: Wilderness Living Techniques
- EL 103: Ropes Courses and Climbing Basics
- EL 105: Self Defense Activities
- EL 111: Cycling
- EL 117: Volleyball
- EL 118: Beginning Fencing
- EL 119: Archery
- EL 120: Intro to Lifetime Leisure Activities
- EL 124: Racquetball
- EL 129: Body Contouring and Conditioning
- EL 132: Canoeing
- EL 133: Backpacking
- EL 134: Kayaking
- EL 137: Bowling
- EL 139: Golf
- EL 142: Open Water Scuba Diving
- EL 147: Tennis
- EL 151: Weight Lifting
- EL 153: Sports Conditioning
- EL 154: Coaching Soccer
- EL 155: Walking I
- EL 156: Jogging
- EL 158: Low Impact Aerobics
- EL 159: High Impact Aerobics
- EL 169: Aqua Exercise
- EL 170: Beginning Swimming
- EL 171: Intermediate Swimming
- EL 172: Advanced Swimming
- EL 173: Lifeguarding
- EL 174: Water Safety Instructor
- EL 175: Lifeguarding Instructor
- EL 200: Teaching Techniques for Land-Based Adven
- EL 217: Advanced Volleyball
- EL 218: Advanced Fencing
- EL 219: Advanced Archery
- EL 224: Advanced Racquetball
- EL 229: Advanced Body Contouring & Conditioning
- EL 231: Teaching Techniques for Small Craft
- EL 233: Sports Officiating I
- EL 234: Sports Officiating II
- EL 237: Advanced Bowling
- EL 239: Advanced Golf
- EL 242: Advanced Open Water Scuba Diving
- EL 247: Advanced Tennis
- EL 251: Advanced Weight Lifting
- EL 253: Advanced Sports Conditioning
- EL 255: Coaching Tennis
- EL 269: Advanced Aqua Exercise
EL 342: Master Diver
EL 352: Coaching Football
EL 353: Advanced Sports Conditioning
EL 354: Coaching Basketball
EL 355: Coaching Baseball-Softball
EL 357: Coaching Volleyball
EL 359: Coaching Track and Field
EL 442: Dive Supervisor
EL 453: Advanced Sports Conditioning
ES 100: Introduction to Exercise Science
ES 104: Sports in the Ancient World
ES 319: Sport and Society
ES 338: Motor Learning and Control
ES 344: Aging in the 21st Century
ES 346: Kinesiology
ES 347: Kinesiology Lab
ES 348: Physiology of Exercise
ES 349: Physiology of Exercise Laboratory
ES 350: Research Methods in HESRM
ES 351: Measurement & Statistics in Exercise Sci
ES 355: Coaching Baseball-Softball
ES 357: Coaching Volleyball
ES 359: Coaching Track and Field
ES 402: Exercise Leadership
ES 446: Biomechanics of Human Movement
ES 447: Biomechanics Laboratory
ES 456: Exercise Testing & Prescription
ES 457: Exercise Testing & Prescription Lab
ES 471: Mgmt. of Health, Fitness and Sport Progr
ES 473: Practicum
ES 490: Independent Study
ES 493: Internship
ES 511: Applied Statistics
ES 512: Foundations of Biomechanics
ES 514: Applied Electromyography
ES 515: Stress and the Brain
ES 542: Sports Psychology
ES 544: The American Woman in Sports
ES 548: Biomechanics of Injury
ES 574: Selected Problems in Special Populations
ES 603: Data Analytics Methodologies
ES 608: Methods & Procedures of Graded Exercise
ES 609: Motor Behavior
ES 610: Internship in Exercise Science
ES 611: Exercise Physiology I
ES 612: Instrumentation & Analysis in Biomechanics
ES 613: Health Aspects of Physical Activity
ES 614: Cardiovascular Physiology
ES 615: Physiological Aspects of Aging
ES 616: Exercise Physiology II
ES 618: Advanced Muscle Physiology
ES 620: Selected Topics in Exercise Science
ES 625: Research Design and Evaluation
ES 626: Statistical Analysis I
ES 632: Advanced Structural Kinesiology
ES 644: Control of Human Voluntary Movement
ES 650: Seminar In Exercise Science
ES 651: Advanced Individual Study
ES 652: Advanced Individual Study
ES 653: Independent Research
ES 655: Problems in PE/Health Education
ES 697: Thesis
ES 750: Advanced Seminar in Exercise Science
Espr 797: Dissertation
HK 710: Meta-Analysis
HK 711: Measurement Theory and Practice
HK 750: Seminar in Health and Kinesiology
HK 751: Advanced Independent Study
HK 752: Advanced Independent Study
HK 797: Dissertation
HP 191: Personal and Community Health
HP 203: First Aid and CPR
HP 303: Prevention & Care of Athletic Injuries
HP 312: Behavioral Aspects of Weight Mgmt
HP 403: Advanced Athletic Training
HP 506: Current Topics
HP 600: Foundations of Health Promotion
HP 603: Data Analytics Methodologies
HP 605: Health Promotion Planning
HP 615: Personal Health Promotion
HP 625: Research Design and Evaluation
HP 626: Statistical Analysis I
HP 627: Internship in Health Promotion
HP 635: Theories in Health Promotion
HP 645: Organization & Admin. of Health Promotion
HP 646: Introduction to Epidemiology
HP 651: Advanced Independent Study
HP 652: Advanced Individual Study
HP 653: Independent Research
HP 665: Special Topics in Health Behavior
HP 675: Advanced Theoretical Appl Hlth Behavior
HP 685: Program Evaluation in Health Behavior
HP 695: Human Health and Illness
HP 697: Thesis
SRA 194: Foundations of Leisure and Recreation
SRA 200: Park & Recreation Program Leadership
SRA 262: Introduction to Therapeutic Recreation
SRA 270: The Business of Sport
SRA 301: Planning & Evaluation in SRA
SRA 302: Program Planning & Development
SRA 311: Mktg. & Communication in Sport & Rec.
SRA 330: Sport Governance and Policy
SRA 332: Outdoor Recreation
SRA 370: Sports Economics and Finance
SRA 371: Camp Leadership
SRA 372: Procedures and Techniques in Therapeutic
SRA 375: Recreational Sports Programming
SRA 380: Current Issues in Travel & Tourism Mgmt.
SRA 388: Assessment/Planning in Therapeutic Rec
SRA 391: Practicum in Recreation Administration I
SRA 392: Practicum in Rec. Administration II
SRA 400: Professional Development
SRA 401: Internship in Recreation Administration
SRA 410: Senior Seminar: Professional Development
SRA 425: Design and Maintenance of Facilities
SRA 471: Admin. of Recreation Admin. Programs
SRA 473: Supervision and Administration of Therap

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master’s, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacccoc.org for questions about the accreditation.
- SRA 475: Legal Aspects of Sport and Recreation
- SRA 490: Independent Study
- SRA 497: Cooperative Field Practicum
- SRA 498: Cooperative Field Practicum
- SRA 499: Cooperative Field Practicum
- SRA 510: Entrepreneurial Recreation
- SRA 511: Applied Statistics
- SRA 539: Outdoor Resources Management
- SRA 569: Strategies & Applications in Outdoor Edu
- SRA 574: Current Trends in Therapeutic Recreation
- SRA 580: Recreational Therapy for Older Adults
- SRA 600: Issues & Trends in Recreation Admin. Pro
- SRA 601: Recreation Admin. Program Dev & Promotio
- SRA 602: Assessment & Evalua. of Rec. Admin. Prog
- SRA 603: Data Analytics Methodologies
- SRA 625: Research Design and Evaluation
- SRA 626: Statistical Analysis I
- SRA 627: Internship
- SRA 628: Qualitative Inquiry
- SRA 650: Seminar in Community & Rural Tourism
- SRA 651: Advanced Independent Study
- SRA 652: Advanced Independent Study
- SRA 653: Independent Research
- SRA 654: Directed Event Programming
- SRA 660: Sport and Leisure Economics
- SRA 671: Recreation Admin. Program Administration
- SRA 672: Business of Sport and Recreation
- SRA 680: Leisure Programming for Senior Adults
- SRA 691: Principles & Practices of Leisure & Recr
- SRA 697: Thesis