

B.S.E.S. in Exercise Science

[Overview](#)

[Degree Requirements](#)

Degree Requirements

The academic regulations for this degree program, as entered in the University of Mississippi Catalog, are in effect for the current or selected academic year and semester. The University of Mississippi reserves the right to 1) change or withdraw courses; 2) change rules for registration, instruction, and graduation; and 3) change other regulations affecting the student body at any time.

B.S.E.S. in Exercise Science

General Education

REQUIREMENT	HOURS	DESCRIPTION
First Year Writing I	3	Complete Hon 101 , Writ 100 or Writ 101 with a passing grade.
First Year Writing II	3	Complete one of the following courses with a passing grade: Liba 102 , Writ 102 or Hon 102 .
3 hrs Math 100 +	3	Successfully complete 3 hours of Math at the 100 level or above.
6 hrs Natural Science		Complete 6 hrs of natural science with labs, chosen from Astronomy, Biology, Chemistry (not Chem 101), Physics, Geology, and Liba 150 , 151 , 205 , 205L, 315, 315L
2 associated science labs	8	Successfully complete at least two science laboratory courses.
6 hrs humanities	6	Complete 6 hrs of humanities chosen from: AAS 201 , 202 , Classics, English (Eng 220-226), History, Philosophy, Religion, G St 201 , 202 , S St 100 -level, Liba 202 , 312 , 305 , Hon 101 or 102
3 hrs Arts Appreciation	3	Complete 3 hours in the area of fine or performing arts. Choose from art history, music, dance, and theatre arts. Studio and workshop courses cannot be used to satisfy this requirement. Acceptable freshman or sophomore-level courses are: AH 101 , AH 102 , AH 201 , AH 202 ; Music 101, Music 102, Music 103, Music 104, Music 105; Dance 200; and Theatre 201.
6 hrs social or behavioral science	6	Complete 6 hrs of social or behavioral science chosen from: Anthropology Economics, Psychology, Political Science, Sociology, Liba 203 , 313 , Hon 101 or 102

General Education II

REQUIREMENT	HOURS	DESCRIPTION
Writ 250	3	Complete Writ 250 with a passing grade.
Spch 102 or 105	3	Complete Spch 102 or Spch 105 with a passing grade.
History 6 hrs	6	Complete 6 hours of History coursework with a passing grade.
Math (121 & 123) or 125 or 261	6	Exercise Science majors must take (Math 121 and Math 123) or Math 125 or Math 261 to fulfill this requirement.
3 hrs statistics course	3	Successfully complete a statistic course from the following list of courses: CJ 202 , Math 115 , Econ 230 , Bus 230 or Psy 202 .
Bisc 102 /103 or 160/161	4	Complete Bisc 102 /103 or Bisc 160 /161 with a passing grade.
Bisc 206 or Bisc 310 C- min	4	Complete Bisc 206 or Bisc 310 with a grade of C- or better.
Bisc 207 or Bisc 330 C- min	4	Complete Bisc 207 or Bisc 330 with a grade of C- or better.
Chem 103 or 105 /115	3	Complete Chem 103 or Chem 105 /115 with a passing grade.
Phys 211 /221 or Phys 213 /223 C- min	4	Complete Phys 211 /221 or Phys 213 /223 with a grade of C- or better.

Major Requirements

REQUIREMENT	HOURS	DESCRIPTION
ES 338 - C min	3	Complete ES 338 with a grade of C or better.
ES 346 - C min	3	Complete ES 346 with a grade of C or better.
ES 347 - C min	1	Complete ES 347 with a grade of C or better.
ES 348 C- min	3	Complete ES 348 with a grade of C- or better.
ES 349 C- min	1	Complete ES 349 with a grade of C- or better.



REQUIREMENT	HOURS	DESCRIPTION
ES 358 C- min	3	Complete ES 358 with a grade of C- or better.
ES 359 C- min	1	Complete ES 359 with a grade of C- or better.
Overall Major GPA		Please contact your academic advisor for grade point requirements.

Emphasis - Sports Medicine & Rehab

REQUIREMENT	HOURS	DESCRIPTION
15 hrs Sport Med Rehab	15	Complete 15 hrs with a grade of C- or better chosen from: AT 501 , ES 396 , ES 458 , ES 393 .

Emphasis - Human Performance

REQUIREMENT	HOURS	DESCRIPTION
15 hrs Human Performance	15	Complete 15 hrs with a grade of C- or better chosen from: ES 200 , ES 402 , ES 452 , ES 393 .

Emphasis - Integrative

REQUIREMENT	HOURS	DESCRIPTION
15 hrs Integrative	15	Complete 15 hrs with a grade of C- or better chosen from a combination of Sports Medicine and Rehabilitation Emphasis (AT 501 , ES 396 , ES 458 , ES 393), and Human Performance Emphasis (ES 200 , ES 402 , ES 452 , ES 393).

